



# **2024** YOUTH PROGRAM CATALOG

## **WELCOME TO BASE CAMP!**

Base Camp is a premier active learning destination for team building and leadership development of all ages. Since opening in 2010, over a quarter million visitors have experienced the exciting opportunities offered at our Team Building Center, located within the century-old cavalry drill hall on Fort Snelling's upper post and surrounding six acres. From field trips to overnight lock-ins, private events and public community gatherings, participants have engaged in memorable activities including rock climbing, archery, trust exercises, outdoor skills, high ropes, and more. Each activity is in support of our mission:

# "To connect all young people to interactive experiences that build healthy, contributing citizens of character and leaders for life."

This catalog is designed to help select the program that best fits the needs of your youth participants. If you are part of an adult group interested in attending Base Camp, please refer to our Adult Program Catalog.





# **Check out these featured programs at Base Camp!**

**Emerging Leaders and Leadership Adventure (Grades 7 and above)** Step into our state-of-the-art Leadership Lab, a space where learners will discover the many opportunities to be a leader everyday, then practice these skills in an immersive experience that utilizes surround video, sound, and touch technology. *More information on page 8.* 

**Leadership Lock-In (Grades 7 and above)** Combine our popular lock in program with our state of the art Leadership Lab experience for a truly unique overnight experience! Participants will have a chance to complete our Leadership Adventure program which includes using our immersive leadership portal room. Afterwards they will enjoy pizza and all of the amenities of a normal lock in. *More information on page 9.* 

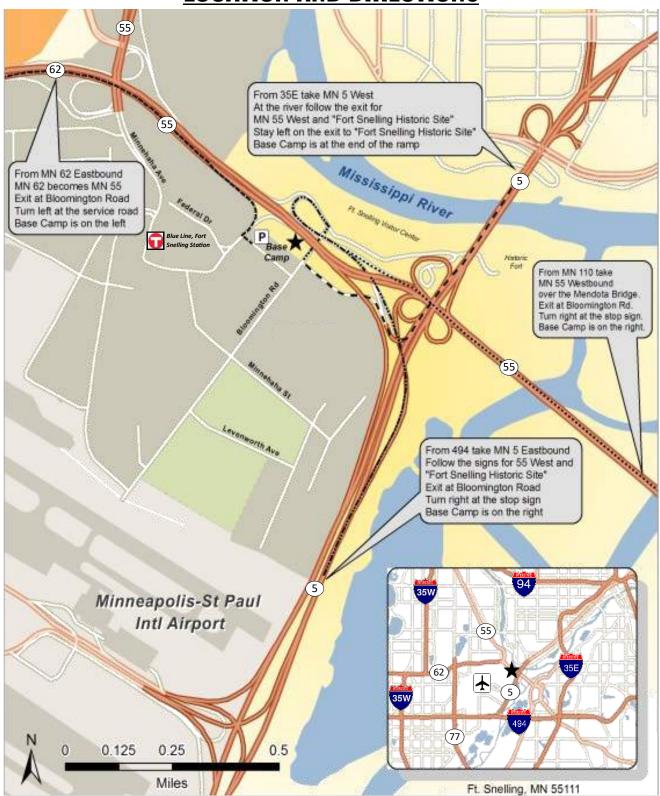
**Team-Oriented Outdoor High Ropes Course (Grades 7 and above)** Come experience the added challenge and cooperation of our brand new outdoor high ropes course! The four individual elements were designed to be completed in teams, where two or more participants must collaborate to overcome the obstacles! *More information on page 6.* 

**Night Climbing (Grades 6 & above)** Just because the sun goes down doesn't mean the fun has to stop! One side of the outdoor climbing tower has LED hand holds which allows climbers to enjoy the wall in the dark. No prior climbing experience is required – new and experienced climbers will enjoy! *More information on page 5.* 

**Outdoor Climbing Tower and Team Climbing Program (Kindergarten and above)** This fall, we welcome our outdoor rock climbing and rappelling tower back—offering a unique experience with the added element of nature to these exciting activities! Also new, our Team Climbing program, where participants will support one another as belay teams from the ground as well as on the wall as pairs of climbers ascend together, side-by-side! *More information on page 5.* 



# **LOCATION AND DIRECTIONS**



We are conveniently located in the heart of the Twin Cities, just east of the Minneapolis-St. Paul International Airport, and directly at the intersection of Minnesota Highways 62, 55, and 5. Visitors to Base Camp may also arrive by the light rail's blue line, with the Fort Snelling Station just blocks away. In addition, a number of the metro's notable natural areas can be easily accessed from our site including the Historic Fort Snelling, Fort Snelling State Park, Coldwater Spring Restoration Project, Minnehaha Falls, and the Minnesota Valley National Wildlife Refuge. Let us be your Base Camp for regional adventure!



## **CHOOSING YOUR PROGRAM**

This catalog is designed to help you select the best program for your participants. When reading through the following activities, please be sure to consider:

- 1. The ages of your participants meet the listed minimums for each activity. Groups with varying ages may reserve multiple programs while onsite to meet the needs of all participants.
- 2. The size of your group is within the listed capacity for the program. If your group exceeds the maximum, please call ahead to ensure accommodation. Smaller groups are always welcome, but will be charged up to the listed minimum if below this size.
- 3. **The number of adults you plan to bring.** Our programs require a minimum of 2 adults to stay for the duration of the program. We recommend bringing 1 adult for every 12-15 youth. For large groups (over 100 youth) we might ask if any are interested in helping us at the rock climbing wall if needed.
- 4. Your group is able to attend the full length of your chosen program. Please select a program that fits the time constraints of your group. If your timing changes, please notify the Base Camp to confirm activities will fit.



Scan QR Code for quick access to online request form!



# **MAKING A RESERVATION**

Groups looking to participate in a Base Camp program will need to make a reservation prior to their desired date of visit. Requests can be made as far as 6 months ahead (or 11 months for school trips and full facility rentals), but need to be made with at least a 14-day notice in order to ensure proper staffing arrangements. You can find the **program request form online at explorebasecamp.org/forms**. Once the form is reviewed and approved **you will be sent a link to pay a 50% deposit**. Your reservation will be complete once you have received a confirmation email with additional reminders and instructions.

With the exception of major holidays (including but not limited to New Year's Day, Independence Day, Thanksgiving Day, Christmas Eve, and Christmas Day), programs may occur yearround, on any day of the week between the hours of 7:00AM and 10:00PM. Exceptions can be made at the discretion of the Camp Director.

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	6 months to 2 weeks before visit	<ul> <li>Review program catalog and submit your online request form</li> <li>Place a 50% deposit payment to secure your date on the calendar</li> <li>Receive confirmation email with required participant waiver form</li> </ul>
	1 week before visit	<ul> <li>Confirm the final participant count for your program</li> <li>Remember to distribute participant waivers to attendees!</li> </ul>
	Day of visit, onsite	<ul> <li>Turn in roster and participant waiver forms during check in</li> <li>Pay the remaining balance for your program</li> <li>Submit a rebooking form to save the same day for next year!</li> </ul>
	1 to 3 weeks after visit	Share program feedback through a follow-up email survey form



### **TEAMBUILDING CENTER CORE ADVENTURES**

\*\* Member pricing applies to registered units with the BSA \*\*

**Archery** – In any weather, Base Camp's 15-yard, indoor archery range is ready to help first timers or seasoned veterans hone their skills in this activity of physical control and mental concentration. Our staff provide all of the equipment, instruction, and coaching to safely enjoy this unique and challenging program.



	Min Grade	Min/Max Group	Per Participant Member Price	Per Participant Non-Member Price	Hours
Archery	K	10 to 20	\$10	\$12	1

Rock Climbing – A signature experience at Base Camp is climbing our 30-foot, indoor rock wall. The 16 belayed routes accurately replicate the natural features found in the St. Croix River bluffs near Taylors Falls. All safety equipment and facilitation is provided by our trained staff. Outdoor climbing is offered April to November, weather permitting. Team climbing allows all members of a group to participate simultaneously – while pair of climbers ascend the wall together, their group members will manage their safety as the belay team from the ground. An hour-long belay training session may be added to any climbing program – offering another element of trust and communication development. This training adds an hour to the program length and if we finish early, climbers get even more time to climb!



	Min Grade	Min/Max Group	Per Participant Member Price	Per Participant Non-Member Price	Hours
Indoor Climbing	K	10 to 50	\$15	\$17	2
Outdoor Climbing	K	10 to 50	\$15	\$17	2
Team Climbing (Outdoor)	7	10 to 50	\$16	\$18	2.5
Tower Rappelling (Outdoor)	7	10 to 50	\$13	\$15	1.5
Night Climbing (Outdoor)	6	10 to 25	\$15	\$17	2
Tower Rappelling (Add-on to Climbing)	7	10 to 50	+\$5	+\$5	+1
+Youth Belay Training	7	-	+\$2	+\$2	+1





**Outdoor Skills** – Learn what it takes to survive the elements from our skilled staff. Activities are offered year-round and cover important topics including the principles of survival, proper techniques for starting fires, building improvised shelter structures, and orienteering with a map and compass. Each lesson can be offered individually or as supplement to any other Base Camp programs. All four can be combined into a 5-hour visit as listed in the 'Day Trip' section.

	Min Grade	Min/Max Group	Per Participant Member Price	Per Participant Non-Member Price	Hours
Fire Building	K	10 to 30	\$6	\$8	1
Shelter Building	K	10 to 30	\$6	\$8	1
Orienteering	K	10 to 30	\$6	\$8	1
Survival Principles	K	10 to 30	\$6	\$8	1

**High Ropes** – For grades 7 and up, our ropes courses are designed to challenge participants through a wide variety of elements. Year round, individuals can take personal risks and conquer their fears through over a dozen different ascents, descents, and traverses of our indoor course. From April to November, when weather permits, our outdoor course offers a unique team approach through four freestanding challenges at heights of over 30 feet! Groups that choose our outdoor ropes can expect to complete at least two of the high elements during the program, in addition to a series of low exercises to best prepare participants for their experience.



	Min Grade	Min/Max Group	Per Participant Member Price	Per Participant Non-Member Price	Hours
Indoor High Ropes	7	10 to 24	\$18	\$20	2.5
Outdoor High Ropes	7	10 to 24	\$20	\$22	3.5
+Youth Belay Training	7	-	+\$2	+\$2	+1



**Team Building** – Offered as a standalone program or as a popular addition to other Base Camp activities, team building refers to a range of abstract group challenges facilitated by our staff. These activities build trust, improve communication, promote self-esteem, encourage problem solving, and more. Our guides pull from over 100 activities tailored to the skill level and desired outcomes of any group, ranging from simple icebreakers to complex tasks.

	Min Grade	Min/Max Group	Per Participant Member Price	Per Participant Non-Member Price	Hours
Team Building	K	10 to 100	\$10	\$12	2
Add to Other Activity	K	10 to 100	+\$5	+\$5	+1



# **TEAMBUILDING CENTER COMBINATION PROGRAMS**

\*\* Member pricing applies to registered units with the BSA \*\*





### 2.5-Hour Pairings

Looking to do more than one activity while you are with us but can't stay a full day? Take a look at these popular options!

Activities	Min Grade	Min/Max Group	Per Participant Member Price	Per Participant Non-Member Price
Rock Climbing & Archery	K	10 to 45	\$18	\$20
Indoor Ropes & Team Building	7	10 to 24	\$18	\$20
Archery & Team Building	К	10-45	\$18	\$20







# **5-Hour Day Trips** \$20 Per Participant

A popular way to visit Base Camp, especially for schools! Each program contains the listed activities and includes a scheduled 30-minute meal break, groups provide their own food.

Programs	Activities	Min Grade	Min/Max Group
Teamwork	Team Building, Archery, Rock Climbing	К	10 to 150 *
Outdoor Skills	Survival, Orienteering, Shelters, Fire Building	К	10 to 130
STEM Discovery	Engineering Challenges, Team Games, Rock Climbing	К	10 to 45
Trust Building	Team Building, Leadership Styles Exercise, High Ropes	7	10 to 45

<sup>\*</sup> If your group cannot stay for the full length of a program and/or you are going to bring more than 120 youth (*Team Work*) your program might need to be adjusted. Any adjustments will be reviewed with you at the time of your reservation.



### **LEADERSHIP CENTER COMBINATION PROGRAMS**

Experience the newest opportunities in leadership at Base Camp

### 2-Hour Leadership Adventure

Spend time in the Leadership Lab exploring your personal leadership style and then put it into action in the Leadership Portal. This abridged version of the full-day Emerging Leaders program will begin with participants taking Northern Star's "Leadership Styles Assessment" to learn the strengths and benefits of their leadership style and understand how it fits together with the other styles of their peers. Then we will head into the Leadership Portal, an immersive experience utilizing virtual reality elements and puzzles to uncover the true meaning of leadership.



	Min Grade	Min/Max Group	Per Participant Member Price	Per Participant Non-Member Price	Hours
Leadership Adventure	7	8 to 16	\$15	\$18	2











This full-day journey into leadership challenges participants to learn and practice the skills it takes to be a leader in their community every day. Together we explore the ways our perspectives and values shape our leadership styles and how a diverse team of leaders can collaborate effectively. Participants receive their very own leadership journal that will help them to build their personal leadership vision and action plan to take home at the end of the day. Throughout the day, small cohorts will enter our immersive Leadership Portal which utilizes virtual reality elements and puzzles to drop participants into leadership situations that they will solve using concepts they have learned together. This program includes a 30-minute break for lunch.



	Min Grade	Min/Max Group	Per Participant Member Price	Per Participant Non-Member Price	Hours
<b>Emerging Leaders</b>	7	8 to 32	\$20	\$20	5



# **BASE CAMP LOCK-INS**

\*\* Member pricing applies to registered units with the BSA \*\*

Base Camp is a safe, fun, and affordable option to host your group's next overnight adventure. Lock-ins can be offered most Friday and Saturday evenings – other nights of the week available at the discretion of the Program Director. In addition to the exciting activities we provide, the facility also offers an excellent space and amenities for a great time all night.

#### **Features**

- Open activities from 6:30PM to 10:00PM including rock climbing, archery, and free games (foursquare, gaga ball, etc.).
  - \* When two or more groups ages 12 and up attend OR if 1 group has a minimum of 24 youth, the ropes course will be added
- Can choose the Leadership Adventure for Scouts in 7th grade and up
- Late night snack of 2 slices of pizza and lemonade for all youth and adults.
- Use of the large projection screen for showing movies (borrow one from our collection or bring your own DVD, BluRay, or computer to connect to our system).
- 72-inch folding cots to sleep on.
- Lights out time specified for Cub Lock-ins
- Quiet hours specified for Scouts BSA/Crews
- Designated quieter rooms with doors for adults.
- Kitchen space for storing and serving additional food items brought onsite (breakfast is not provided).
- Three individual shower rooms.

#### **Rates and Guidelines**

- MEMBER PRICE \$35 per youth; \$10 adult chaperone.
- NON-MEMBER PRICE \$37 per youth; \$10 adult chaperone.
- Minimum group size: 12 participants. Groups below this size may still reserve a program but will be charged for the listed minimum. Adults attending with a group may be counted toward the minimum participant count.
- Exclusivity of the building is not guaranteed unless your group has a combined total of 75 youth and adults (only like groups will be paired on the same evening Girl Scouts/ScoutBSA/Crews together, Cub Scouts together, or school/community groups together
- Groups must attend with at least two adult chaperones, and one of either gender if youth are coed (all BSA Youth Protection policies are observed: <a href="https://www.scouting.org/Training/YouthProtection.aspx">https://www.scouting.org/Training/YouthProtection.aspx</a>).
- **All overnights must follow this format**. Additional activities may be added before or after the time of your lock-in, please see earlier in this Youth Program Catalog for add-on options.
- Please note, the following items may not be used onsite during your program: skateboards/scooters, Nerf guns, drones, balloons.

6:30 PM	Arrival, check-in, introduction				
7:00 PM	Open activities or Leadership Adventure				
8:30 PM	Break for pizza and lemonade				
9:00 PM	Activities resume				
	Activities close, lights out and				
10:00 PM	Activities close, lights out and				
10:00 PM	Activities close, lights out and movie followed by quiet time				
10:00 PM 7:00 AM	_				



# **Room and Facility Rental**

Base Camp is the place to host your next event of any size!

Base Camp's Team Building Center provides the perfect space for your group to gather when you are not involved in your activities! Groups reserving a program onsite have the option of renting facility space to use as well. From a quiet room for planning your next expedition with your Troop, up to the entire building to throw a large community event – we have all of the useful amenities you need to make your time with us productive and entertaining. Note: as the Team Building Center is primarily a programming facility, we ask if your group is simply seeking a space for rental, please consider the brand new options available at our neighboring Leadership Center, www.explorebasecamp.com/leadership-center.

#### **Individual Room Reservation**

Type of Group	□ Classroom (large)	□ Conference Room	□ Classroom (small)	□ Library
Member	\$30	\$20	\$20	\$20
Non-Member	\$37	\$27	\$27	\$27

- Small Classroom large, wall-mounted television (capacity: 12)
- ◆ **Library/Fireside Room** a gas fireplace, comfortable furniture (capacity: 12)
- **Conference Room** features traditional Scouting artifacts and board room meeting table (capacity: 12)
- Fredricks/Cisek Classroom sink, countertops, projector screen, movable tables and chairs (capacity: 30)







#### **Full Facility Reservation**

If a room is just not big enough, groups may opt to reserve our entire facility to run a larger event. In addition to the individual spaces and amenities described above, here are even more features our Team Building Center offers:

- ♦ Built-in/portable projectors and screens
- ♦ Built-in/portable sound system
- ♦ Buffet and round tables with seating for 140
- ◆ Complimentary, onsite parking
- ♦ Optional pipe and draping equipment
- ◆ One dedicated onsite support staff provided

- ♦ Additional rolling computer monitor carts
- ♦ Hearing aid compatible technology
- ♦ In-ground amphitheater (capacity: 200)
- ◆ Speaker podium with wireless microphones
- ♦ Multiple breakout spaces available
- ♦ Additional hourly program/support staff

If your event requires additional resources to those listed above, we are happy to assist you in finding and renting any other equipment. You may submit an online form up to 11 months ahead of your event. Once we have received your request, our staff will be in contact to setup an onsite walk-through to confirm the final details for your reservation.



# **SPECIAL EVENT PACKAGES**

Base Camp is the place to host your next event of any size!

#### **BASE CAMP BIRTHDAY PARTIES**

Year round, Base Camp is a simple and exciting option when hosting a birthday party. You bring the kids, present, and cake and we will take care of the rest! Each party package includes 2 hours of climbing and archery for youth Kindergarten and up led by our fun and friendly staff plus one hour of party room use! If you are interested in different activity options, consider signing up for one of our other options in this catalog and adding a room rental on your online request form.

#### **Rates and Guidelines**

- Weekday and weekend rates listed below, price includes 2 hours climbing and archery and 1 hour of room use.
- Exclusivity of the building is not guaranteed, multiple programs commonly occur onsite during the weekends.
- A minimum of two adults must be in attendance, and one of either gender if the group is coed (all BSA Youth Protection policies are observed: <a href="https://www.scouting.org/Training/YouthProtection.aspx">https://www.scouting.org/Training/YouthProtection.aspx</a>).



Participants	Mon-Thu Rate	Fri-Sun Rate
Up to 12	\$200	\$225
Up to 18	\$300	\$315
Up to 24	\$375	\$415
Up to 30	\$465	\$515

#### **FULL BUILDING PRIVATE YOUTH EVENTS**

Whether you are throwing a Blue & Gold, Bat or Bar Mitzvah, a graduation party, or a family reunion, Base Camp is a memorable venue for events any size! Our flexible packages cover a wide range of participant counts and include all the essentials needed to host an exciting event.

#### **Rates and Guidelines**

- A 5 hour full-facility rental (must contain setup and takedown of any outside items brought in)
- 3 hours of staffed, open house programming (archery, rock climbing, high ropes, and open gym activities)
- Use of buffet and round tables with seating for up to 140 (setup and takedown provided)
- Built-in AV system for showing videos, playing music, or announcements (includes one onsite support staff)
- Access to the kitchen for your chosen caterer (must be licensed to operate in Hennepin County)

You may reach out to setup a tour of the facility in advance, or we will initiate a site visit upon receiving your request.

	Member Price		Non—Member Price	
Participants	Sun-Thu Package	Fri/Sat Package	Sun-Thu Package	Fri/Sat Package
Up to 30	\$1.290	\$1,675	\$1,355	\$1,760
Up to 45	\$1,445	\$1,830	\$1,520	\$1,920
Up to 60	\$1,600	\$2,000	\$1,680	\$2,100
Up to 75	\$1,750	\$2,140	\$1,840	\$2,250
Up to 90	\$1,905	\$2,300	\$2,000	\$2,415



# **DEPOSIT, PAYMENT & CANCELLATION POLICY**

#### Reservations

Reservations for youth programs can be made 6 months ahead of requested program date. Reservations must also be made at least 14 days prior to requested reservation date.

#### **Deposits**

A deposit of 50% per person is required upon making a reservation, based on the estimated number of participants. Checks (made payable to Northern Star Council) or credit card payments (Visa, MasterCard, Discover) are accepted. This deposit is nonrefundable if a lesser number of participants attend the program. It is transferrable to another date if rescheduled at least 3 weeks in advance.

If the confirmed number of participants changes at any time, please let Base Camp know by calling 612-261-2301. If the confirmed number of participants is lowered at least one week ahead of the scheduled program, the non-refundable deposit will be adjusted.

#### **Remaining Payments**

The minimum group size for most programs is 10 participants; if your party has fewer than 10 participants, then you will still be responsible for covering the 10 participant minimum. The remaining balance is due upon arrival at Base Camp by credit card, cash or Check.

#### **Cancellations**

Scheduled programs cancelled at least 3 weeks in advance can transfer their deposit to a new date within 1 calendar year. Scheduled programs cancelled less than 3 weeks in in advance will forfeit any deposits paid.

#### **Scholarships**

Scholarships must be requested along with reservation. Base Camp requires a minimum of *3* weeks to process scholarship requests. Scholarship requests received after scheduled program date will not be accepted.

Scholarships are only dispersed for actual youth attendees and are based on a per participant value. Groups may not use scholarship funds from no shows to pay a remaining balance.

#### **Base Camp Severe Weather Policy**

Decisions for official Base Camp closing will be made by the Base Camp Director.

When Base Camp is officially closed, fees will either be transferred to another date within the calendar year or refunded.

If Base Camp does not officially close, the Base Camp Director may approve transferring fees paid by a group to another date <u>if group leader determines conditions to be unsafe</u> for their activity <u>AND</u> if they notify Base Camp (before start of event) that they will not be able to attend Base Camp. This can be accomplished by calling the Base Camp on-site phone <u>612-261-2301</u> (leave a message if no answer) or email to **basecamp@northernstar.org**. Typical reasons for this situation include heavy snowfall, slippery road conditions and extremely cold weather. Requests for fee transfers must be submitted in writing.

Information and questions regarding current weather conditions for Base Camp Programs will be available at 612-261-2448 (December-March).

<u>Please note, the following items may not be used or brought into our facilities:</u> balloons, (latex or mylar) scooters/skateboards, Nerf guns, peanut products, open flames, alcohol, and tobacco products. For participant safety, music may not be played on AV system while Base Camp programs are running.

## **CONTACT INFORMATION**

6202 Bloomington Road | Fort Snelling, MN 55111

**Reservations and Customer Service**: 612-261-2301



www.facebook.com/ explorebasecamp



Fax: 612-261-2499 | Email: basecamp@northernstar.org